# ATHLETICS GAUTENG NORTH



TO: CLUBS / SCHOOLS

4 July 2017

Notice is hereby given of an AGN Sub-Youth League competition (7-15 years) that will be held on 09 September 2017 at Pilditch Stadium.

# Rules for selection for Sub Youth AGN team (7-15 years) for Inter-Provincial at Pretoria (Pilditch Stadium: (18 November 2017)

- 1) Participation in at least 3 league meetings any events
- 2) Participation in the AGN championships is compulsory (4 November 2017)
- 3) A point of at least 600 must be reached per item during AGN Championships
- 4) All athlete must buy a permanent number if selected for the AGN Team that will participate in PTA
- 5) Temporary licences / permanent numbers <u>compulsory</u> for age groups 9 and older during leagues and AGN championships.
- 6) Take note that the 13 & 15-year age groups will have heats and finals for the 100m and 200m during AGN Championships. (Best 8 times will proceed to final).

### Rules for AGN CLUB competition (7-13) during league meetings

- 1) First 20 highest points of each club during each league meeting will count (ASA table).
- 2) The total of points scored in all league meetings will be used to determine the Club champion (7-13 years)
- 3) Turbo Javelin

Max run up meters: 11 Year age groups: 12 meters and 9 Year age groups: 8 meters

NB. Attached find the dates of all coming meetings that will be held at Pilditch and BESTMED TUKS Stadiums. The attached Programs are subject to change where necessary – you will be notified. Combined program will be sent to you later. Please check combined program as changes do occur.

## The following procedures will apply during the season:

- ENTRIES FOR LEAGUES CLOSE AS FOLLOWS:
- Entries for Track events will be done on track (close 30 minutes before start of event).
- Entries for Field events will be done at the field.
- Starting blocks compulsory for athletes participating under age group 9 and older (Track events).
- Take note that AGN records (Track) will only be excepted if electronic timing were used during the meeting.
- Records (Leagues and AGN Championship) records are combined to ensure that only one AGN set of records will be used in future.
- The Meeting will be held under ASA & AGN Rules.
- · NB! NO PARTICIPATION IN PROVINCIAL COLOURS DURING LEAGUES.

### **Entrance Fee at gate:**

- Athletes R30.00 entry fee,
- R15.00 Temporary License (08 years and older) \*
- Spectators (including parking)- R30.00
- Children R10.00 (not participating) Children under 3 free entry
- \*All athletes (8 -15) not in possession of a permanent license number for 2017, must obtain a temporary license number at the gate. No athlete (8-15) will be allowed to enter or to participate without a license number. Permanent Licenses are available at the AGN office but can only be obtained via an affiliated club or school.
- All athletes must be in possession of a permanent license number when selected to participate during the Inter-Provincial championship.

The Track and Field Commission wants to wish all athletes only the best for the coming athletic season.

for Chairperson: AGN Track & Field Commission

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# TRACK AND FIELD MEETINGS (SEPT TO NOVEMBER 2017)

SEPTEMBER							
DATE	EVENT	VENUE					
Sat 09	AGN Sub Youth (7-15) (League 1 - A Program)	Pilditch					
Sat 16	AGN Sub Youth (7-15) (League 2 - B Program)	Pilditch					
Sat 30	AGN Sub Youth (7-15) (League 3 - A Program)	Pilditch					
	OCTOBER						
DATE	EVENT	VENUE					
Sat 07	AGN Sub Youth (7-15) (League 4 - B Program)	Pilditch					
Sat 14	AGN Sub Youth (7-15) (League 5 - A Program)	Pilditch					
Fri 27 &							
Sat 28	Gert le Roux Memorial & AGN Sub Youth (7 – 15) (League 6 - B Program) Bestmed TUKS						
NOVEMBER							
DATE	EVENT	VENUE					
4	AGN Sub Youth Championships (7-15) (Compulsory)	Pilditch					
18	Sub Youth Inter-Provincials Championships (7-15)  Pilditch						

## **RULES:**

- 1. Athletes must participate in affiliated club or school colours. NB! NO PARTICIPATION IN PROVINCIAL COLOURS
- 2. Entries for Leagues will be done on the Track and Field (close 30 minutes before start of event)
- 3. Athletes 8 years and older must participate with a licence number. Temporary licences sold at entrance gate R10 Primary sub youth and Sub youth. Youth, Juniors and Seniors R20). Permanent numbers can only be bought through an affiliated club.
- 4. NB. PLEASE TAKE NOTE THAT TO QUALIFY TO BE SELECTED FOR THE GAUTENG NORTH TEAM FOR PARTICIPATION IN THE INTER-PROVINCIAL COMPETITION, ATHLETES <u>MUST</u> COMPETE IN AT LEAST ANY <u>3</u> OF THE <u>6</u> PRIMARY SUB YOUTH MEETINGS (ANY EVENTS) AS WELL AS AGN CHAMPIONSHIPS (COMPULSERY)
- 5 A point of at least 600 must be reached per item during AGN Championships
- 6 To be selected for the AGN Team athletes must have a permanent number.
- 7 Both permanent licenses must be worn.

A - PROGRAMME (9 Sept 2017, 30 Sept 2017 and 14 Oct 2017)

<u> </u>	PROG	RAMME (9 Sept 2	017, 30 S	ehr zory	allu 14 Oct 2017)
ITEM	TIME	EVENT	AGE GROUP	REMARK	AGN LEAGUE RECORDS
1	08:00	Discus Throw (1kg)	Boys 15/	Combined event-	Boys: 61.38m JP Hoffmann TUINE (2003)
			Girls 15	Final	Girls: 43.16m T Bloem AGN (1997)
2	08:00	Shot Put (4kg)	Boys 13	Final	15.45m L Gouws TECHNIKON (2006)
3		High Jump (SH1.45)	Boys 15	Final	2.08m J Rossouw AGN (1984)
4	08:00	High Jump (1.35)	Girls 15	Final	1.78m E Williams AGN (1986)
5	08:00	3000m	Boys 15	Final	09min 20.20sec S Tebogo AGN (2012)
6	08:15	3000m	Girls 15	Final	09min 23.50sec L Roets AGN (1999)
7	08:30	60m	Boys 7	Time placing	9.41sec R van Aswegen TUKS AMRIC (2013)
8	08:40	60m	Girls 7	Time placing	9.00sec N de Bruyn MID (2006)
9	08:50	60m	Boys 9	Time placing	7.50sec C Westerveld JSA (2008)
10	09:00	60m	Girls 9	Time placing	7.90sec N de Bruyn MID (2008)
11	09:00	Discus Throw (0.75gr)	Girls 13	Final	39.71m L Immelman ELDORAIGNE (2016)
12	09:00	Shot Put (2kg)	Boys11/ Girls 11	Combined event-Final	Boys: 18.58m L Pavier MOOT AC (2016) Girls: 13,04m C Botes JSA (2014)
13	09:00	High Jump (SH1.24)	Boys 11	Final	1.58m Ruban Kruger AGN (2011)
14	09:00	High Jump (SH1.18)	Girls 11	Final	1.60m J vd Merwe STEPHANUS ROOS (2012)
15	09:10	80m	Boys 11	Time placing	10.00sec N de Beer ELARDUS (2007)
16		80m	Girls 11	Time placing	10.33sec J Leyds AGN (1998)
17	09:30	300m Hurdles (84,0cm)	Boys 15	Time placing	36.83sec LJ v Zyl AGN (2000)
18	09:40	300m Hurdles (76,2cm)	Girls 15	Time placing	44.06sec S Bekker AGN (2000)
19	09:50	200m Hurdles (68.0cm)	Boys 13	Time placing	25.60sec T Habele MORETE (2006)
20	10:00	200m Hurdles (68,0cm)	Girls 13	Time placing	29.60sec M Harmse PCE (2006)
21	10:00	Shot Put (4kg)	Boys 15	Final	Boys: 19.71m JP Hoffmann TUINE (2003)
22	10:00	Discus Throw (1kg)	Boys 13	Final	48.01m C Black EDUPLEX (2012)
23	10:15	800m	Boys 13	Final	02min 08.57sec C Ohloff AGN (2000)
24	10:22	800m	Girls 13	Final	02min 16.51sec G Gait-Smith JSA (2016)
25	10:29	800m	Boys 15	Final	01min 55.41sec D Fourie TRANS (2006)
26	10:36	800m	Girls 15	Final	02min 10.40sec C le Roux AGN (1985)
27	10:46	200m	Girls 13	Time placing	24.98sec A Kotze AGN (1999)
28	10:56	200m	Boys 13	Time placing	23.12sec T Monareng TUKS (2012)
29	11:00	Shot Put (3kg)	Girls13 /Girls 15	Combined event– Final	Girls 13 :15.07m K du Plessis AGN (1998) Girls 15: 17.09m A Sullivan AGN (2000)

30	11:00	High Jump (SH1.35)	Boys 13	Final	1.86m F Potgieter AGN (1991)
31	11:00	High Jump (SH1.25)	Girls 13	Final	1.73m M Jacobs AGN (1997)
32	11:06	200m	Girls 15	Time	22.54sec N Ntjie MAMELODI (2010)
				placing	
33	11:16	200m	Boys 15	Time	22.09sec LJ v Zyl AGN (2000)
				placing	
34	11:26	600m	Boys 11	Final	1min 36.06 D Wright BROTHERHOOD
					(2014)
35	11:35	600m	Girls 11	Final	1min 47.35 T Ndala TUKS (2016)
36	11:42	600m	Boys 9	Final	01min 46.65 I du Plessis FPN (2014)
37	11:49	600m	Girls 9	Final	01min 55.73 N Rossouw JSA (2016)
38	11:57	5000m Walk	Boys 15/	Time	New Record
				placing	
		5000m Walk	Girls 15/		New Record
		1500m Walk	Boys 13/		08min 10.62sec J du Preez JSA (2014)
			_		
		1500m Walk	Girls 13		09min 46.46sec M Swanepoel AGN
					(2015)

B PROGRAMME (16 Sept 2017, 7 Oct 2017 and 28 Oct 2017)

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ITEM	TIME	EVENT	AGE GROUP	REMARK	AGN LEAGUE RECORDS
1	08:00	Long Jump (A)	Boys 13	Final	6.18m N Grimbeek AGN (1995)
2	08:00	Long Jump (B)	Girls 13	Final	5.67m N de Bruyn AGN (2011)
3	08:00	Hammer Throw (4kg)	Boys 15/ Girls 15	Combined event  – Final	B15: 57.35m J Bester AGN (1999) G15: 30.12m R van der Westhuizen JSA (2010)
4	08:00	Turbo Javelin (A)	Girls 9	Final	Girls: 26.59m M Geldenhuys JSA (2016)
5	08:00	Turbo Javelin (B)	Boys9	Final	Boys: 33.18m S Botes JSA (2014)
6	08:00	1500m	Boys 15	Time placing	03min 57.46sec M Maseko AGN (2000)
7	08:10	1500m	Girls 15	Time placing	04min 52.48sec A Labuschagne FPN (2009)
8	08:20	1500m	Boys 13	Time placing	03min 24.77sec R Bester SR (2004)
9	08:30	1500m	Girls 13	Time placing	04min 34.66sec G Gait - Smith JSA (2016)
10	08:40	1200m	Boys 11	Time placing	03min 15.15sec W Bester PC (2004)
11	08:50	1200m	Girls 11	Time placing	03min 50.15sec C York AGN (1996)
12	09:00	Javelin Throw (500gr) (A)	Girls 13	Final	G13: 39.91m N de Beer OVERKRUIN (2014)
13	09:00	Javelin Throw (500gr) (B)	Girls 15	Final	G15: 44.66m G de Klerk WAT (2004)
14	09:00	Long Jump (A)	Boys 11	Final	5.14m M Smit JSA (2013)
15	09:00	Long Jump (B)	Girls 11	Final	5.02m N de Bruyn AGN (2010)
16	09:00	80m	Boys 7	Time placing	12.10sec S Erasmus AGN (2009)
17	09:10	80m	Girls 7	Time placing	11.40sec N de Bruyn MID (2006)
18	09:20	80m	Boys 9	Time placing	10.68sec R Bezuidenhout AGN (1999)
19	09:30	80m	Girls 9	Time placing	9.30sec N de Bruyn MID (2008)
20	09:45	100m Hurdles(84.0cm)	Boys 15	Time placing	13.04sec K Moolman OOS MOOT (2006)

21	09:55	90m Hurdles (76.2cm)	Girls 15	Time placing	12.81sec J Visser AGN (2002)
22	10:00	Triple Jump (9m) (A)	Boys 15	Combined event-Final	B15: 13.91m J Motlhake AGN (2012)
		Triple Jump(9m)	Girls 15		G15: 11.73m S Schutte AGN (2012)
23	10:00	Turbo Javelin (A)	Girls 11	Final	G11: 28.62m L Conradie JSA (2014)
24	10:00	Turbo Javelin (B)	Boys11	Final	B11: 35.55m S Botes JSA (2016)
25	10:05	80m Hurdles (76.2cm)	Boys 13	Time placing	11.41sec CJ Moyo TUKS AMRIC (2013)
26	10:15	75m Hurdles (76.2cm)	Girls 13	Time placing	11.62sec N Buckingham AGN (1998)
27	10:25	70m Hurdles (68.0cm)	Boys 11	Time placing	11.05sec F Pretorius UAC (2006)
28	10:35	70m Hurdles (68.0cm)	Girls 11	Time placing	11.66sec D Rheeder FF (2015)
29	10:45	400m	Boys 15	Time placing	48.39sec R Lategan AGN (1999)
30	10:55	400m	Girls 15	Time placing	55.93sec A Kotze AGN (2000)
31	11:00	Long Jump ( A)	Boys15	Final	7.30m J v Wyk AGN (1988)
32	11:00	Long Jump (B)	Girls 15	Final	5.73m S Schutte TUKS (2012)
33	11:00	Javelin Throw (600gr) (A)	Boys 13	Final	B13: 54.90m W Dames JSA (2012)
34	11:00	Javelin Throw (600gr) (B)	Boys 15	Final	B15: 69.05m R Oosthuizen AGN (2002)
35	11:05	100m	Boys 13	Time placing	11.02sec T Sherman AGN (1994)
36	11:15	100m	Girls 13	Time placing	12.20sec N Buckingham AGN (1998) & M Compaan JSA (2015)
37	11:25	100m	Boys 11	Time placing	12.22sec K Mintwell AGN (1999)
38	11:35	100m	Girls 11	Time placing	12.83sec N de Bruyn AGN (2010)
39	11:45	100m	Boys 15	Time placing	10.70sec O Marothodi PBH (2004)
40	11:55	100m	Girls 15	Time placing	12.03sec K Engelbrecht AGN (1980)